

Eyelid Surgery Decision Worksheet

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Use this worksheet to record unanswered questions. It does not calculate candidacy or recommend surgery.

CLARIFY THE GOAL ■ What exact change am I hoping to see? ■ Is my concern cosmetic, functional, or mixed? ■ What would a good but realistic result mean? ■ Would I be comfortable choosing no procedure?	HEALTH AND TIMING ■ What eye symptoms or eye conditions should I report? ■ Which medicines, nicotine use, and health history matter? ■ Can I allow for uncertain recovery and follow-up? ■ Is this a stable time for an elective decision?
ASK AT THE CONSULTATION ■ Which structure causes the concern I notice? ■ What can this procedure change—and what will remain? ■ What alternatives, including observation, fit the concern? ■ What are the risks, recovery plan, credentials, facility, and full written cost?	CHECK THE PROCESS ■ Have I understood the proposal in my own words? ■ Have I seen representative examples with comparable concerns? ■ Would a second opinion help? ■ Do I feel free to wait or decline?

Urgent symptoms: Sudden eyelid drooping, new vision problems, severe eye pain, or other acute symptoms need prompt medical evaluation.

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